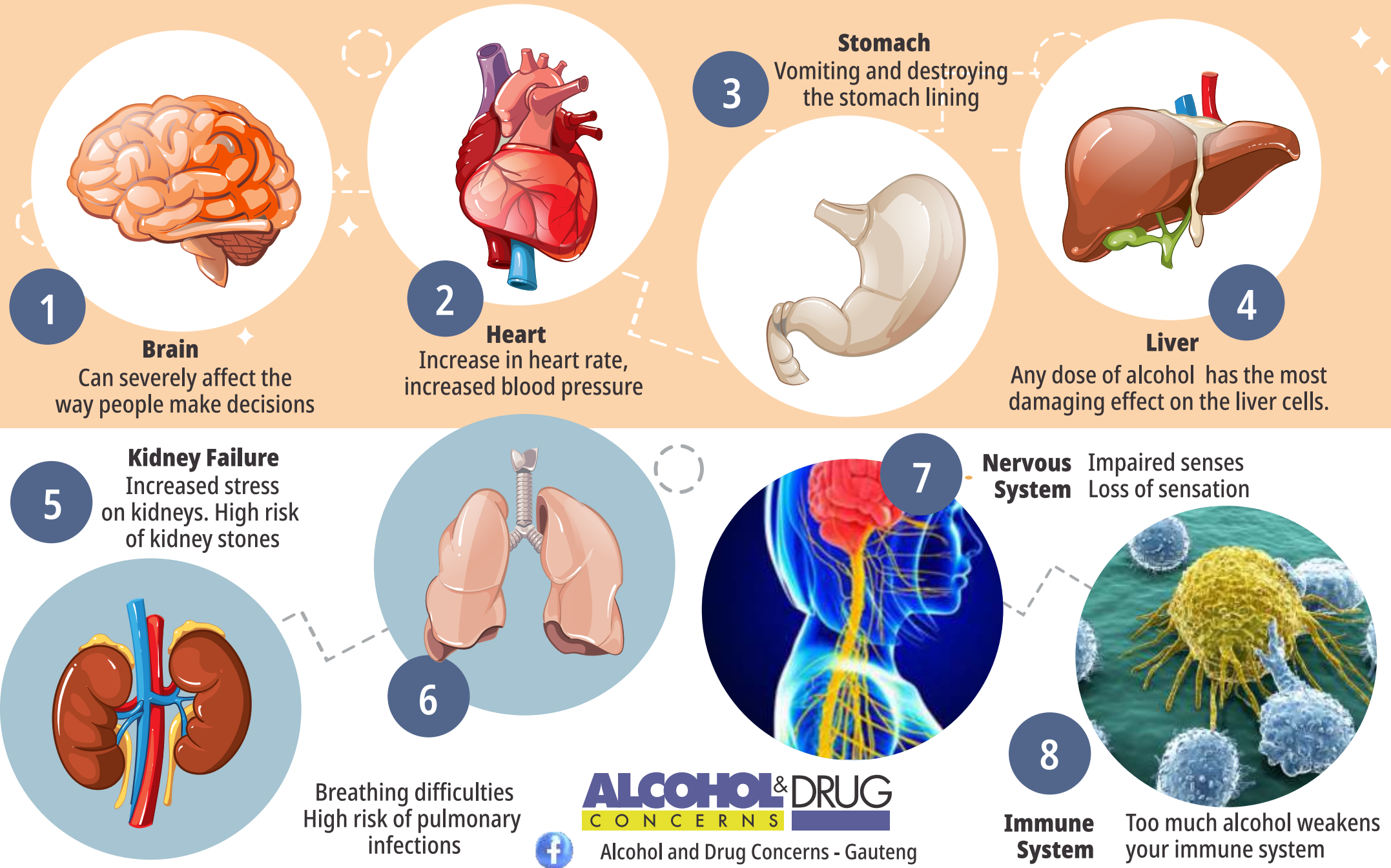


# Before you reach for your glass this Festive Season **Rethink** Your Drink



## EFFECTS OF ALCOHOL ON THE BODY