

Protect Breastfeeding - Don't drink Alcohol

Breastfeeding offers many advantages for a new baby, including boosting the immune system. However, this healthiest nutritional source of Food for a baby can become CONTAMINATED when BREASTFEEDING mothers consume alcohol.

Here are some of the risks:



ALCOHOL & DRUG
CONCERNS

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When you drink alcohol, when you are breastfeeding **your baby drinks alcohol too!!**